



MCKINLAY SHIRE COUNCIL & MOVE IT NQ
PRESENT

GROUP FITNESS

All fitness levels invited to attend for FREE.
Get involved, get fit and have fun. Each session
will offer something different and a new
challenge! Participants willing to participate
will have to become members of the gym, with
new participants receiving the first month of
membership free!

*Every Tuesday & Thursday Starting October 22nd
5:30-6:30PM @ Daren Ginns Centre & Surrounding
Locations (as per timetable)*

FOR MORE INFO OR TO OBTAIN A TIMETABLE CONTACT
JORDAN MORRIS, 0439 689 723,
SPORTREC@MCKINLAY.QLD.GOV.AU

 **MOVEIT** NQ.

 **McKinlay**
SHIRE
COUNCIL