

12 March 2020

# COVID-19 UPDATE

From Monday, 16 March 2020, with the help of the Council, we will create a “Flu Clinic” in a marquee at the front of the Julia Creek Hospital.

As from Thursday 12 March, anybody in the community experiencing “flu-like” symptoms is asked to ring the MPHS on **47464000**, before presenting and you will be met at the front door.  
Do not enter the Julia Creek Medical Centre.

Symptoms include,

- if you develop a fever (38 degrees or higher),
- or new respiratory symptoms (cough, sore throat, or shortness of breath)
- fatigue

Your assessment may include testing for respiratory viruses and/or COVID-19.

Please stay away from work until you are assessed.

What you can do:

- Wash hands properly and often with soap and water for at least **20 seconds** or use an alcohol-based sanitiser
- Cover your coughs and sneezes with a tissue or your arm
- Seek prompt health assessment if needed

We will continue to post updates as they occur.

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