

*Health matters this month!*

*October 2019*

October is Breast Cancer Awareness Month. It gives us a chance to focus on breast cancer and the impact it has on those affected by it in our community.

*In support of this cause, this year McKinlay Shire Council (along with the Julia Creek Lions Ladies) has signed up to be part of the McGrath Foundation's 'Pink Up Your Town' campaign.*

### **So what does this mean?**

On Friday 11<sup>th</sup> and Saturday 12<sup>th</sup> October we're going to **WEAR** pink, **EAT** pink, **DRINK** pink and **THINK** pink to show our support, and we'd love for you to get involved!

### **What's happening?**

➤ Friday 11<sup>th</sup> October (day time):

The Julia Creek Lions Ladies will be taking orders for morning tea plates - home cooked sweet treats and savouries delivered straight to your door! Order forms will be available early next week from Julia Creek News (47 467 322).

Individuals, local businesses and community groups are encouraged to get involved too, by 'pinking up', and sending in photos to [communitynurse@mckinlay.qld.gov.au](mailto:communitynurse@mckinlay.qld.gov.au) so we can post them to our fundraising page.

➤ Friday 11<sup>th</sup> October (night time): The Julia Creek Lions Ladies will be pinking up en masse and visiting Gannons Hotel and then the Top Pub to run some raffles.

➤ Saturday 12<sup>th</sup> October: The Julia Creek Lions Ladies will be hosting a BINGO afternoon at the Fr Bill Busuttin Community Centre. Get in the 'pink' and come along for some family-friendly fun!

See [www.pinkupoctober.com.au](http://www.pinkupoctober.com.au) to see what it's all about, or, if you'd like to donate, please go to our fundraising page

[www.fundraise.mcgrathfoundation.com.au/fundraiser/pinkupmckinlayshire](http://www.fundraise.mcgrathfoundation.com.au/fundraiser/pinkupmckinlayshire)

For more information, or if you'd like to get involved, please call Nicole Morris (Community Nurse) on 0447 773 151 or Ellen Warner (for Julia Creek Lions Ladies) on 47 467 322.