

NEWSLETTER

October 2024

Cloncurry MPHS Aged Care Annexe



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Editor's Desk

Hello Residents, Families and Friends!

This month, we celebrate the incredible diversity and beauty of the animal kingdom with World Animal Day on October 4th. This special day serves as a reminder of the important roles animals play in our lives - offering companionship, inspiring wonder, and contributing to the balance of our ecosystems.



This month's Newsletter is quite short due to being on leave for two weeks. In October we look forward to the Stuart McIntosh Memorial Garden Competition Seniors Morning Tea, this year with a theme of Mad Hatters Tea Party.

All the best

Gabby Mackail Recreational Officer

October Trivia

October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: **Libra & Scorpio**

Birthstone: **Opal & Tourmaline**

Flower: **Calendula**

Quote of the Day

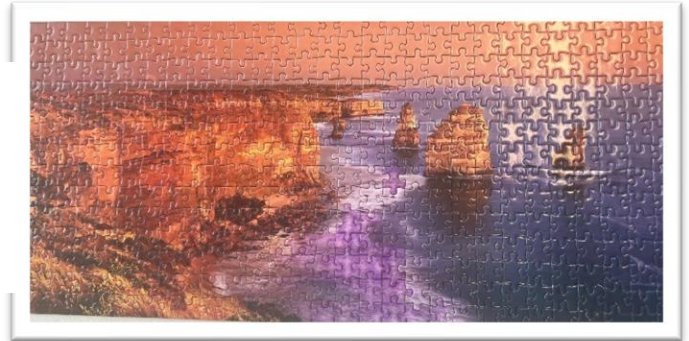
*Until one has loved
an animal, a part of
one's soul remains
unawakened.*

- Anatole France

Activities in September



Jigsaw Puzzles
Paint By Numbers
Cards
Puzzles and Quizzes



Upcoming Events

Seniors Chatter – Felt Sewing

Wednesday 2nd October, 10.00am, Library

Seniors Chatter – Create Your Own Hat

Wednesday 9th October 10.00am, Library

Pink Ribbon Day Morning Tea in the Garden

Friday 11th of October 10.00am, Aged Care Garden

Seniors Morning Tea, Mad Hatter Tea Party

Wednesday 16th of October 10.00am, Leichardt Hotel

Seniors Chatter – Board Game, The Price is Right

Wednesday 23rd of October, 10.00pm, Library

Seniors Chatter – DIY Mosaic

Wednesday 30th of October, 10.00am, Library



Regular Events

Card Group every Monday and Thursday 9.30am

BINGO every Friday 10.15am

Shopping Friday 9.30am

Hairdresser Monday 28th October 9.00am

Craft activities available upon request, (Water colouring, scrapbooking, card making, Paint By Numbers).

Special Days

- 1st Day of Older Persons
- 1st Intl. Music Day
- 1st Residents' Rights Month
- 4th World Animal Day
- 4th World Space Week
- 5th World Teachers Day
- 6th World Smile Day
- 9th Curious Events Day
- 9th Columbus Day
- 9th Indigenous Peoples' Day
- 9th Thanksgiving (Canada)
- 25th Pablo Picasso's Birthday
- 31st Halloween

October 2024

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Activities

		8.30 Exercises 9.00 Games and Quizzes	1 8.30 Exercises 10.00 Seniors Chatter – Felt Sewing	2 8.30 Exercises 9.00 Card Group	3 8.30 Exercises 9.00 Card Group	4 8.30 Exercises 9.30 Shopping 10.15 BINGO	5
6	7 No Scheduled Activities	8.30 Exercises 9.00 Games and Quizzes	8 8.30 Exercises 10.00 Seniors Chatter – Create Your Own Hat	9 8.30 Exercises 9.00 Card Group	10 8.30 Exercises 9.00 Card Group	11 8.30 Exercises 9.30 Shopping 10.15 BINGO	12
13	14 No scheduled Activities	8.30 Exercises 9.00 Games and Quizzes	15 8.30 Exercises 10.00 Seniors Mad Hatter Morning Tea Party	16 8.30 Exercises 9.00 Card Group	17 8.30 Exercises 9.00 Card Group	18 8.30 Exercises 9.30 Shopping 10.15 BINBO	19
20	21 No Scheduled Activities	8.30 Exercises 9.00 Games and Quizzes	22 8.30 Exercises 10.00 Seniors Chatter - The Price is Right	23 8.30 Exercises 9.00 Card Group	24 8.30 Exercises 9.00 Card Group	25 8.30 Exercises 9.30 Shopping 10.15 BINBO	26
27	28 No Scheduled Activities 9.00 Hairdresser	8.30 Exercises 9.00 Games and Quizzes	29 8.30 Exercises 10.00 Seniors Chatter - DIY Mosaic	30 8.30 Exercises 9.00 Card Group	31 8.30 Exercises 9.00 Card Group		

October Birthdays

In October, we celebrate birthdays with:

- **Jess (Nurse)**

Please wish Jess a very Happy Birthday!



Julie Andrews, Actor, 1st October 1935
Chevy Chase, Actor, 8th October 1943
John Lennon, Musician, 9th October 1940
Hugh Jackman, Actor, 12th October 1968
Margaret Thatcher, Prime Minister, 13th October 1925
Rita Hayworth, Actress, 17th October 1918
Joan Fontaine, Actress, 22nd October 1917
Pablo Picasso, Painter, 25th October 1881
Carrie Fisher, Actress, 21st October 1956
Bill Gates, Philanthropist, 28th October 1965

Libra (Oct 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

WOW!

October Spotlight: The Light Bulb

In October 1879, Thomas Edison successfully tested a practical electric light bulb with a carbon filament that lasted 13.5 hours. This invention revolutionized life, marking the start of the electric age and symbolizing the power of innovation.

Poem to Share

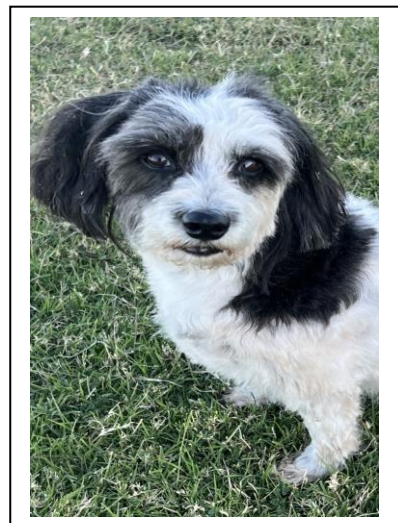
A Dog's Love

Edgar A. Guest

A dog's love is something true,
It comes without a price or fee.
A loyal friend, steadfast and strong,
Who walks with us, where we belong.

They ask for little, give so much,
A gentle nudge, a soft, warm touch.
In their eyes, we see a trust,
A love that's pure, a bond that's just.

So cherish well this friend so dear,
For in their heart, you're held near.
In a dog's love, you'll always find,
A faithful heart, forever kind.



Noticeboard



SHOPPING

A reminder for residents that the Recreational Officer is available on Friday mornings for any purchases you wish to make from town. These purchases are at the resident's own expense. Just let Gabby know.

FEEDBACK

Residents, families and friends, are reminded there are a number of avenues for you to express your views, suggestions, and complaints.

Feedback forms are welcomed and available at Admissions Desk, at the sign in table at Aged Care, and the Nurses desk in Aged Care. We appreciate all feedback and strongly encourage everyone to contribute.

INVITATION

Families and friends are invited to join in with our activities and outings. You are more than welcome!

LIBRARY DAY

Book Exchanges are available to be made for you on Wednesday mornings.

You are also welcome to come along to Seniors Chatter activities at the library.

CAN YOU CONTRIBUTE?

To help with residents activities we are looking for donations of small items suitable for BINGO and games prizes such as; soaps, puzzle books, warm socks, etc; just no home made foods please.

We are also looking for donations of Jigsaw puzzles.

Donations can be left at Admissions Desk from 8.30am till 4.30pm

Thank you!

HAIRDRESSER

Our wonderful Hairdresser, Cheryl, will have her next visit on

Monday, 28th October, 2024

Laughing Matters



The Talking Dog

A man sees a sign in front of a house: "Talking Dog for Sale." Curious, he rings the doorbell. The owner tells him the dog is in the backyard. The man walks into the backyard and asks the dog, "Can you talk?"

"Yep," the dog replies.

"So, what's your story?" the man asks.

The dog looks up and says, "Well, I discovered my talking ability as a pup. I wanted to help, so I joined the CIA and traveled the world, gathering intelligence. I even sat in on high-level meetings with world leaders! Eventually, I retired, settled down, and now I enjoy relaxing in the sun."

The man is stunned. He asks the owner, "How much do you want for this incredible dog?"

"Ten dollars," the owner replies.

"Ten dollars? Why so cheap?"

"Well," the owner says, "he's a great storyteller, but he's a terrible liar!"

The Smart Parrot

A woman buys a parrot that used to belong to a sailor, and she soon discovers the bird knows quite a few colorful words. Hoping to train him out of his foul language, she says, "If you say anything inappropriate, I'll put you in the freezer for a minute to cool off."

The parrot tries to be good but slips up, so into the freezer he goes. After a minute, she lets him out and asks, "Have you learned your lesson?"

The parrot shivers and says, "Yes, ma'am, I won't say those words again. But, can I ask—what did the chicken do?"

Riddles and Puzzles

I have a big mouth and I am also quite loud! I am NOT a gossip, but I do get involved with everyone's dirty business. What am I? :

What can be stolen, mistaken, or altered, yet never leaves you during your entire life? :

What is yours, but mostly used by others? :

What word begins with E, ends with E, but only has one letter? :

Give me a drink, and I will die. Feed me, and I will get bigger. What am I? :

What has many rings, but no fingers? :

I go all around the world, but never leave the corner. What am I? :

Find The Hidden Animals In These Sentences Quiz

Find the hidden animals in this quiz!

EG: Close the door **at** once! — Answer: Rat

Question	Answer
1 That will be a real help	:
2 He came to America today	:
3 Eric owes me ten cents	:
4 It's only a kilometer away	:
5 She came late every day	:
6 He called Akiko a lazy boy	:
7 Was Pilar mad, ill, or glad?	:
8 When I withdrew, Al rushed in	:
9 We're sending only one book	:
10 Your comb is on the table	:
11 If Roger comes, we'll begin	:
12 Do good workers succeed?	:

Riddles and Puzzles

Spot the Differences 12 to find!



Pot Luck Quiz

Question	Answer
1 Atlantic or Pacific (O)	:
2 Writing tools: pen and... (P)	:
3 Barbed wire... (F)	:
4 Burnt remains (A)	:
5 Cuts with an axe (C)	:
6 Third place medal (B)	:
7 Honolulu's State (H)	:
8 Moscow is there (R)	:
9 Press clothes (I)	:
10 Kettle vapour (s)	:
11 Language of Ancient Rome (L)	:
12 Fourth month (A)	:

Word Search

Word Search

BRISBANE



V	T	V	W	P	R	I	V	E	R	F	I	R	E
P	Q	V	G	O	M	A	Q	W	Q	M	D	E	M
X	O	U	S	R	S	J	J	H	U	X	B	M	S
C	S	L	T	T	L	Y	C	A	E	W	R	T	O
A	P	P	R	S	O	E	I	R	E	L	O	C	U
P	R	O	E	I	M	R	T	F	N	O	N	O	T
I	I	W	E	D	C	S	Y	M	S	N	C	O	H
T	N	E	T	E	E	L	C	B	T	E	O	T	B
A	G	R	S	N	K	I	A	G	R	P	S	T	A
L	H	H	B	B	K	O	T	V	E	I	S	H	N
H	I	O	E	S	A	N	L	V	E	N	D	A	K
T	L	U	A	P	W	S	C	U	T	E	Y	G	I
Z	L	S	C	K	M	E	A	N	J	I	N	K	E

BRISBANE WORD SEARCH

Activities for Seniors

www.goldencarers.com



Answers

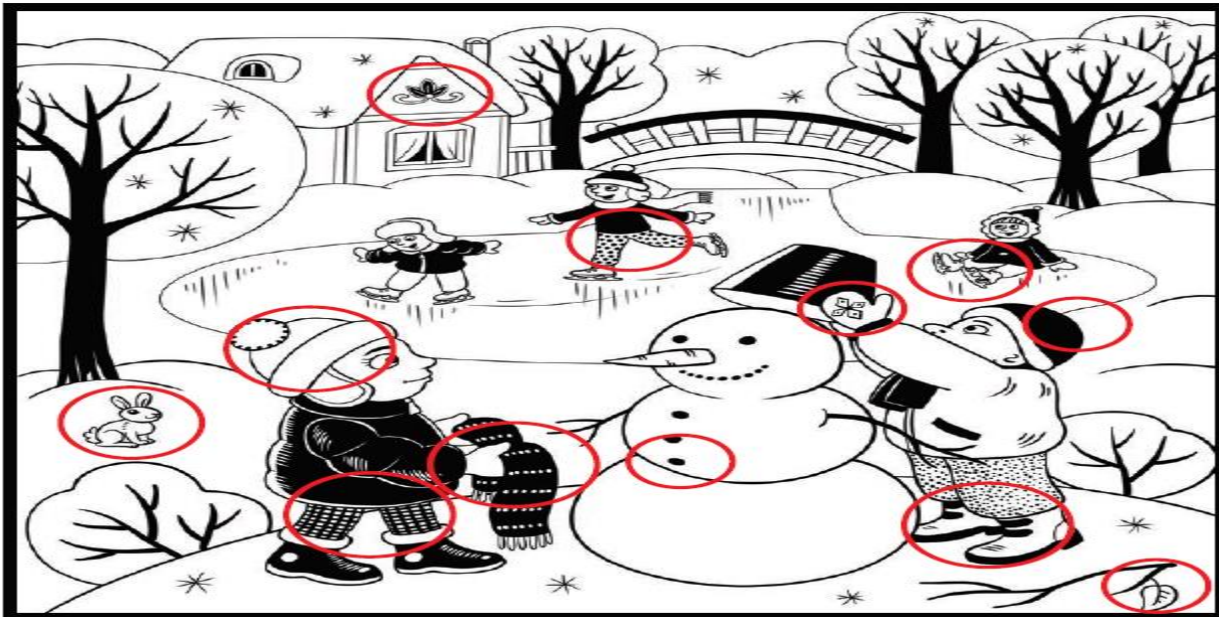
RIDDLES

A vacuum Cleaner
Your Identity
Your Name
Envelope
A Fire
A Telephone
A Stamp

Hidden Animals

- | | |
|----------|--------------|
| 1. Bear | 7. Armadillo |
| 2. Cat | 8. Walrus |
| 3. Cow | 9. Dingo |
| 4. Yak | 10. Bison |
| 5. Camel | 11. Frog |
| 6. Koala | 12. Dog |

Spot the Difference



POT Luck Quiz

- | | |
|-----------|-----------|
| 1. Ocean | 7. Hawaii |
| 2. Paper | 8. Russia |
| 3. Fences | 9. Iron |
| 4. Ashes | 10. Steam |
| 5. Chops | 11. Latin |
| 6. Bronze | 12. April |