



NWRH

ALLIED HEALTH SERVICES

Julia Creek- March

Did you know NWRH provide a range of allied health services to Julia Creek on a monthly basis?

FREE to people of all ages these services aim to improve your health and wellbeing!

Visiting in March will be the following health professionals:

- **PODIATRIST** 
- **SPEECH PATHOLOGIST** 
- **DIETITIAN** 
- **MENTAL HEALTH PROFESSIONAL** 
- **EXERCISE PHYSIOLOGIST** 
- **OCCUPATIONAL THERAPIST** 

Our March visit dates are as follows:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|--|----------|--------|
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| | ➤ Speech Pathologist ➤ Occupational Therapist | ➤ Speech Pathologist ➤ Occupational Therapist | | |
| 22 | 23 | 24 | 25 | 26 |
| | | ➤ Dietitian ➤ Exercise Physiologist ➤ Podiatrist ➤ Mental Health Professional | | |
| 29 | 30 | 31 | | |

Referrals are accepted from all parties, including self-referral*.

NWRH can provide your first 2 sessions with our **Provisional Psychologist without the need for a doctor's referral, so you can decide if you would like to continue! Further sessions are still free but will require a Mental Health Care Plan from your doctor.*

NWRH ARE ALSO SERVICE PROVIDERS FOR THE NDIS AND COMMONWEALTH HOME SUPPORT PROGRAM.

FOR INFORMATION ON REFERRAL PATHWAYS AND OUR HEALTH SERVICES REFER TO OUR WEBSITE OR ASK ONE OF OUR FRIENDLY TEAM

PHONE: 07 474 744 7600 OR FREECALL: 1800 221 131

www.nwrh.com.au