

GROUP FITNESS

JANUARY - FEBRUARY

5:30-6:30PM

TUES JAN 19TH

HIIT @ DAREN GINNS CENTRE

THURS JAN 21ST

FUNCTIONAL CLASS @ CIVIC
CENTRE

TUES JAN 26TH

NO CLASSES - AUSTRALIA DAY

THURS JAN 28TH

HIIT @ DAREN GINNS CENTRE

TUES FEB 2ND

FUNCTIONAL CLASS @ CIVIC
CENTRE

THURS FEB 4TH

HIIT @ DAREN GINNS CENTRE

TUES FEB 9TH

FUNCTIONAL CLASS @ CIVIC
CENTRE

THURS FEB 11TH

HIIT @ DAREN GINNS CENTRE

TUES FEB 16TH

FUNCTIONAL CLASS @ CIVIC
CENTRE

THURS FEB 18TH

HIIT @ DAREN GINNS CENTRE

TUES FEB 23RD

FUNCTIONAL CLASS @ CIVIC
CENTRE

THURS FEB 25TH

HIIT @ DAREN GINNS CENTRE

*New Year
New Me!*

FOR MORE INFO CONTACT:
JORDAN MORRIS, 0439689723
SPORTREC@MCKINLAY.QLD.GOV.AU